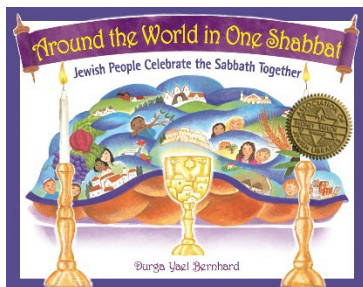
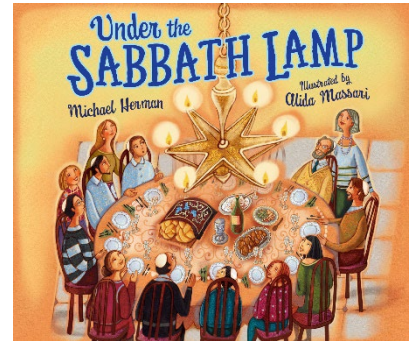


# SHABBAT TITLES

The Rabbi Richard B. Safran Library at Congregation Achduth Vesholom has hundreds of titles related to Shabbat. From picture books to practical guides, we have materials for all ages. Check out our full catalog of Shabbat resources [here](#).

## Picture Books for Younger Readers

There are dozens of Shabbat titles to choose from in our Shabbat collection, ranging from very basic board books to fun and inspirational stories for older children. To make finding them easier, they are all shelved together and have “Shabbat” stickers on their spines. *The Seventh Day*, by Deborah Bodin Cohen, is the classic introduction to the Creation story and the origins of Shabbat. Eric Kimmel’s *Joseph and the Sabbath Fish* retells a traditional story of a poor man who works hard to observe the Sabbath and is unexpectedly rewarded. Madelyn Rosenberg’s *The Schmutzy Family* is a more contemporary and humorous look at preparing for the holiday. *The Friday Nights of Nana*, by Amy Hest, is a beautiful story about a girl and her grandmother getting ready for Shabbat. Another family story, *Under the Sabbath Lamp*, by Michael Herman, is a Sydney Taylor Notable Book that tells the story of a special Shabbat lamp that was passed down through generations of the Bloom family. For our board book audience, Chris Barash and Tracy Newman have both written titles about Shabbat and Havdalah. We also have the siddur, *Mishkan T’filah for Children: A Siddur for Families and Schools*, in our collection.



## Chapter Books for Older Children

One of the most interesting titles in our collection for older children is Durga Bernhard’s *Around the World in One Shabbat: Jewish People Celebrate the Sabbath Together*. It covers the world illustrating the varied ways of celebrating Shabbat. For those looking for a fun chapter book, Rabbi Susan Abramson’s *Rabbi Rocketpower in Who Hogged the Hallah? A Shabbat Shabang!* might fit the bill. The *Hereville* books by Barry Deutsch are award-winning graphic novels that address the Sabbath repeatedly. They are all favorites for this age group. *Mishkan T’filah for*

*Youth: A Siddur for Families and Schools* is also part of our juvenile collection.

## For Adults

In addition to prayer books from the past and the present, our adult Shabbat collection includes some excellent guides and inspirational titles. *Angels at the Table: A Practical Guide to Celebrating Shabbat*, by Yvette Alt Miller, is a beautiful introduction to all aspects of traditional Shabbat observance. Ron Wolfson’s *Shabbat: The Family Guide to Preparing for and Welcoming the Sabbath*, is geared toward beginners, but really includes something for everyone. History, prayers and blessings, recipes and songs are included. The shortest of our Shabbat guides, *An Invitation to Shabbat: A Beginner’s Guide to Weekly Celebration*, by Ruth Perelson, was published by the URJ and introduces the holiday from a Reform perspective. *The Modern Jewish Mom’s Guide to Shabbat*, by Meredith L. Jacobs, suggests ideas for bringing the family together and creating weekly traditions. For those interested in the origins of the holiday, both Jewish and Christian, Judith Shulevitz covers both religious and personal history in *The Sabbath World: Glimpses of a Different Order of Time*. It’s part history and part meditation and inspiration and was a finalist for the National Jewish Book Award.

